



IN VIAGGIO CON BIBI ESTATE 2024 UMBRIA AND TUSCANY (TUSCIA) July 13th – July 24th



This summer we want to accompany you to discover a part of Italy known as **Tuscia** located in Umbria and Tuscany. The term used by the Latins to indicate the Land of the Etruscans, an ancient population preceding and coeval with the Romans. We are in upper Lazio, between Rome and Tuscany, between the Tyrrhenian Sea and Umbria. A historical, artistic and naturalistic context. We will visit ancient medieval villages perched on mountains, villas, palaces and gardens of the 16th century Italian. We will walk along the lake or in mysterious woods. We will taste excellent typical local products in suggestive environments, we can pamper ourselves in natural thermal springs and enjoy the sun and sea.

JULY 13TH

Arrival in Fiumicino and transfer (about 2 hours) to **Spoletto**.

Spoletto is not only the city of the Festival of Two Worlds but a place that will enchant you with every visit. Roman Spoletto, Lombard Spoletto, medieval Spoletto. Baroque, Romanesque and Renaissance art find a perfect fusion of styles and stories in this Umbrian city. The "*Festival dei due mondi*", that is an annual summer festival of music, theatre, dance, opera and visual arts. It has been held annually from June to early July in Spoletto, Italy, since its founding by composer Gian Carlo Menotti in 1958.

The wording "Due Mondi" in the name of the festival was born from Gian Carlo Menotti's intention to bring together the world of American and European culture in his event. Every year in May/June in Charleston, South Carolina there is its "twin", the Spoletto Festival USA. We'll arrive at our first accommodation <https://www.vallerosa.it/>. An excellent farmhouse with swimming pool, dinner and overnight stay.



JULY 14TH

Daily tour

- **Norcia** is famous for San Benedetto, cured meats and truffles. This combination of the sacred and gastronomy has made the village an extraordinary tourist destination.



- **Castelluccio** is mainly famous for Pian Grande and Pian Perduto. They are famous for their blossoms, i.e. the impressive blossoms phenomenon that colors the plain between the end of May and the beginning of July (especially poppies, cornflowers, daisies and lentils).

Return to Spoletto for the festival. Dinner and overnight stay.

JULY 15TH

Day dedicated to visiting:

- **Assisi**, a City in the province of Perugia, is famous throughout the world for being the city where Saint Francis (San Francesco d'Assisi), patron saint of Italy, and Saint Clare (Santa Chiara) were born, lived and died.



Perugia is a modern city with an important past that can be breathed into every corner: Perugia stands on a hill in the Tiber valley and is a famous city of art. It has the appearance of a fortified medieval village, within a city wall. In Perugia in those days there will be The Umbria Jazz Festival, directed by Carlo Pagnetta, has taken place in Perugia every year since 1973 and is one of the most important jazz festivals in the world. (during the meetings before the trip you can decide whether to attend some shows).

Return, dinner and overnight stay.

JULY 16TH

Breakfast in this farmhouse and transfer to Tuscany. During the journey, we'll visit:



The **Marmore waterfall** is the highest artificial waterfall in Europe and holds the record for the highest artificial jump in the world (a record disputed by the artificial waterfall of Liebién, in China). The name derives from the calcium carbonate salts present on the rocks similar to white marble.

Orvieto is situated on a tuff cliff, the city dominates the valley below. The undisputed symbol of Orvieto is certainly its Cathedral, of rare beauty and rich in works of art.



Pitigliano is called "little Jerusalem": discover it by visiting the synagogue and the Jewish museum, evidence of the city's ancient Jewish ghetto. The synagogue dates back to 1598, built in Romanesque style, while the interior furnishings date back mainly to the 17th and 18th centuries.

Arrival at the new accommodation

<https://www.poggiomonte.com/?lang=it> Dinner and overnight stay.

JULY 17TH

Day dedicated to the heart of Tuscany, we will visit



Siena is a medieval city steeped in history, rich in art and culture, a cultured destination much loved by lovers of good food.

Coming back, we'll stop to **Terme di Saturnia** they are natural and public.

Return, dinner and overnight stay.



JULY 18TH

Day at the seaside and relaxing to discover the *Argentario* with its beaches and seaside villages.

Argentario is famous for its marine environment and its exceptionally mild climate. A holiday resort known for its numerous beaches and coves; it is also rich in history.

Return, dinner and overnight stay.



JULY 19TH

Another day of travel from Tuscany to Lazio. During the journey, we'll visit



Lake Bolsena, the largest volcanic lake in Europe, is excellent for swimming... Bolsena has a well-preserved historic center with numerous historic buildings, churches and squares.

Civita di Bagnoregio. is nicknamed "the dying city". It is located on a tuff hill, sadly destined to collapse due to the erosion it constantly suffers from wind and rain.

Accommodation near Viterbo, <https://ilmarrugio.com/> Dinner and overnight stay.



JULY 20TH

Day dedicated to visiting two jewels of Tuscia:



Villa Lante, famous for its gardens and its numerous monumental fountains.

Bomarzo Garden, created by Prince Orsini who wanted to build a villa of wonders, that is, a garden full of stone sculptures depicting wonderful monsters, mythological creatures and heroes.

The whole day with an exceptional guide who will make us better appreciate the beauty of the area.

Return, dinner and overnight stay.



JULY 21TH

Another day to discover Tuscia:



Viterbo was a papal court, because in 1200 the Pope moved here to escape the dangers of nearby Rome. Evidence of the Middle Ages and Renaissance is in every corner, in every square, in every street. Viterbo is also the city of towers and fountains.



Bagnai, there are some of the most important monuments from a historical point of view.

Return, dinner and overnight stay.

JULY 22TH

Last move to **Fregene**, stops for visits along the way and last gem of the stay in a spectacular place!!! Arrival to <https://www.santaluciamaccarese.it/> Dinner and overnight stay



JULY 23TH

Relaxation at the seaside or in the swimming pool or at the wellness center of the structure or for those who want a possible excursion to **Rome**.

Dinner all together and overnight stay.

24 LUGLIO

Transfer (10 minutes) to the airport and departure for the return.

PARTECIPATION FEE

€ 3590 per person, included:

- 11 overnight stays in *double room* with breakfasts
- All transfers with a driver solely dedicated to our group.
- 11 dinners. For Lunches we thought we'd leave some meals not scheduled to give you the opportunity to go around independently but in case we'll always be available to suggest places or accompany you.
- Personal Italian guide for all trip long (that is me- Bibiana!).
- Italian lessons every day with a particular focus on vocabulary to give you the tools to better understand what we will see (so you will appreciate it even more!).
- Cooking experiences.
- Entrance fees to the tourist places that we will visit during our trip...
- Medical and baggage insurance

Overnight stays at:

<https://www.vallerosa.it/>.

<https://www.poggiomonte.com/?lang=it>

<https://www.santaluciamaccarese.it/>

This price doesn't include

- The flights, but if you want the agency that supports us in this project is available to make tickets too!
<https://www.mangotour.it/>
- *Supplement for single room* €480

Excellent reductions for children sharing a room with two adults